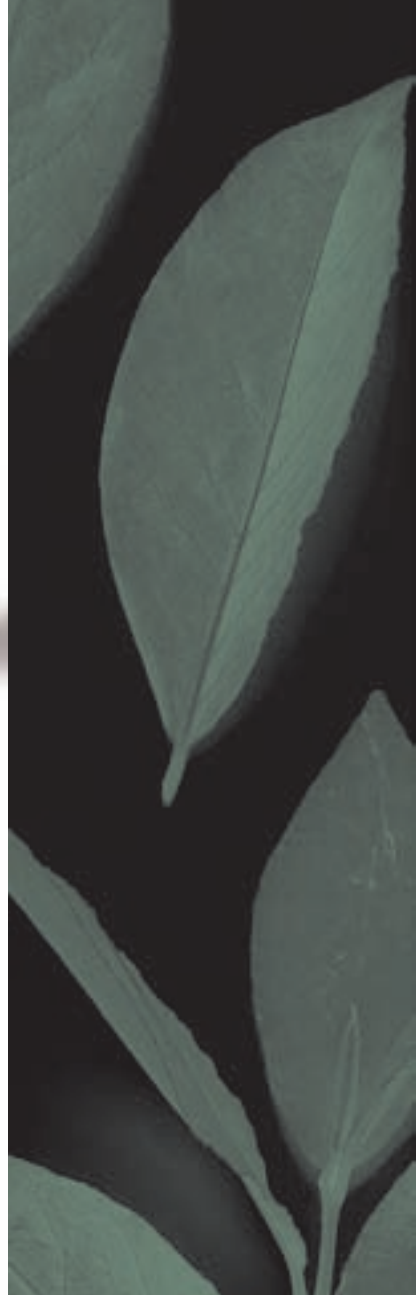


Tea



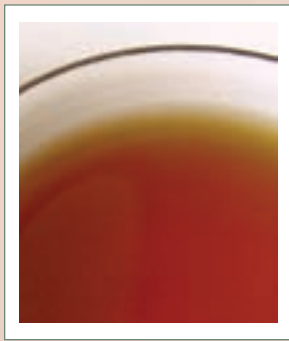
Glenn's Family Restaurant
has over 180 varieties of the
finest teas from around the
world for your enjoyment.

Did you know...

China is to tea what France is to wine. Traditional divisions list thousands of teas. Today this terminology has undergone considerable change. The four main varieties in China are: black, green, oolong and scented. Keemuns are even referred to as a Bordeaux with soft qualities of a Burgundy.

Health Tips...

Alzheimer's is associated with a reduced level of the chemical acetylcholine in the brain. In lab tests in Newcastle (UK) researchers found that both black and green tea inhibited the activity of acetylcholinesterase which breaks down this key chemical.



Rooibos Teas

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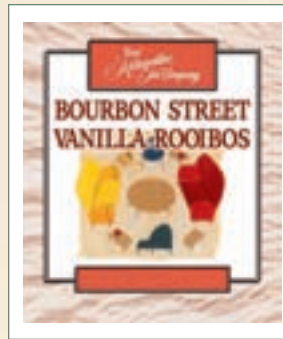
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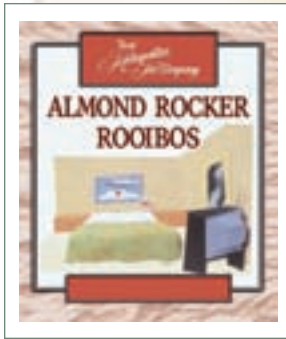


Rooibos Teas



Fruity with sweet notes. Vanilla flavouring gives the rooibos a wonderful exotic jazzy depth.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



Marzipan in a cup! Sweet almond with cherry-like notes. Excellent nutty finish is complemented by almond pieces and mellow flowers.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



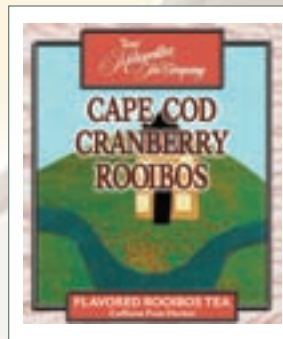
Refreshing early summer peach notes with hints of light ginger. A sprightly finish that tickles your taste buds

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1
Ingredients: Rooibos, Ginger, Blackberry leaves, Calendula petals, Natural flavors.



Cocoa truffle notes are brought to the fore with fruity rooibos. A chocolate lovers paradise is heightened with the addition of cocoa bean pieces.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



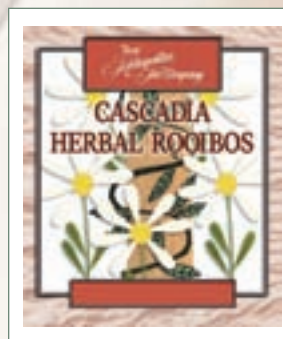
Memories of Provincetown and the Cape Cod Cranberry Festival dance before your eyes. Lightly astringent cranberry blends well with healthy rooibos.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1
Ingredients: Rooibos, Cranberry, Rosehip, Natural flavors.



Sprightly fresh fruit character that conjures memories of tiny flavourful blueberries. The aroma portends a wonderful taste experience.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



All natural herbal with delicate notes of anise. Sprinkled with peppermint, lemon verbena, fennel, cinnamon and blackberry leaves.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



Ooh - what an opening! The full Monty Mango! Delicious fruit highlights transport one to tropical climes.

Origin: South Africa-
Region: Cedarberg
Grade: Choice Grade 1
Ingredients: Rooibos, Mango, Blackberry leaves, Calendula petals, Natural flavors



Mouth enlightening Malabar spices combine with sweet rooibos to create a herbal treat. Milk adds a lovely creamy note and brightness in the cup.

Origin: India, Kenya
Ingredients: Rooibos, Ginger, Cardamom, Cinnamon, Coriander, Clove, Black pepper.

Did you know...

Rooibos is a bush with fine needle-like leaves. The leaves are chopped and bruised which starts a fermentation process resulting in the fruity refreshing herbal tea that is taking the tea world by storm.

Health Tips...

Research undertaken in Japan indicates that rooibos is high in antioxidants which scavenge on free radicals. Free radicals are toxic compounds which attack healthy cells and accumulated damage contributes to aging and a decline of the immune system.



Did you know...

Did you know that you can make tea cappuccinos and tea lattes? Generally we have seen that spice teas work well (le Marche Spice or Vanilla Chai) as do teas with a touch of sweetness (Maple Tea). Two or three grams of tea is a good amount to use but we recommend you experiment with the various teas as each tea has a different bulk density.

Health Tips...

The Journal of Nutrition reports: Consuming between 30 and 32 ounces of tea every day over a period of time (the fluid equivalent of 2.5 cans of soda) may reduce LDL (bad cholesterol) levels by more than 10% and decrease DNA damage caused by smoking.



Excellent combination of cherry, rose and rooibos. Sweet cherry notes tempered with hints of caramel. A clean finish.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



For the herbal tea drinker who has everything? A delicious Earl Grey and Rooibos combination.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



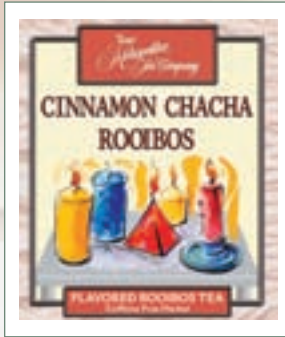
Dramatic mint notes tempered with fruity rooibos. The inclusion of cocoa pieces and organic peppermint give a refreshing palate cleansing finish.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



Memories of succulent fresh oranges from roadside markets in Florida - delightful fresh taste.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



Lightly cinnamon hot. A synergy between rooibos and cinnamon. Orange petals impart a subtle mystery to the finish.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1
Ingredients: Rooibos, Orange flower petals, Cinnamon, Natural flavors.



Absolutely exquisite! Superb mouth watering sweet peach notes create a taste symphony. Visual accents of calendula petals and blackberry leaves.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



The opening bars are sweet toffee notes building to a full symphonic caramel. An 'I want more' finish!

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1
Ingredients: Rooibos, Caramel pieces, Calendula petals, Natural flavors



Bright clean taste with superb ginger notes. A palate refreshing spicy character combined with a fruity touch. Excellent with Asian cuisine.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



Memories of Amsterdam as aniseed imparts a sweet candy-like pungency on tangy licorice.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1
Ingredients: Rooibos, Aniseed, Sunflower petals, Natural flavors.



Chocolate and pineapple waft gently through premium rooibos. A light nutty finish.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1
Ingredients: Rooibos, Chocolate pieces, Cornflower petals, Natural flavors.



Island coconut pleasures with hints of rum dryness. Sprinkling of pineapple and coconut pieces enhance a lingering sweet colada finish.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



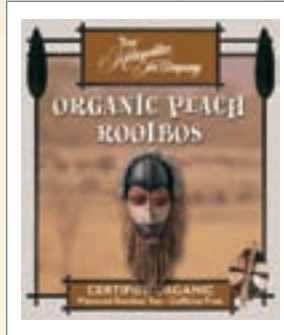
Sweet pleasant cup with delicate herbaceous notes. Light fruity finish. Rooibos is laden with vitamins and minerals and an excellent source of polyphenols.

Origin: South Africa
Region: Cedarberg
Grade: Choice
Certifying Body: Lacon Gmbh, Germany



The rooibos accentuates the naturally sweet character of honey. Delicious finish.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



Sweet and sultry peach notes accentuate fruity rooibos-a medley that lifts you to peach haven.

Origin: South Africa
Region: Cedarberg
Grade: Super Fine Organic
Ingredients: Rooibos, Calendula petals, Blackberry leaves, Natural flavors.
Certifying Body: Lacon-Germany



Excellent synergy between rooibos and spicy hot cinnamon. Makes a delicious latte.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



An enchanting herbal tea - that's good for you! Fruity ripe berry notes balanced with mild lavender.

Origin: South Africa
Region: Cedarberg Region
Grade: Super Fine Organic
Ingredients: Rooibos, Elderberries, Roehips, Currants, Lavender, Rose petals, Natural flavors



Wonderful! Wonderful! The taste symphony begins with soft creamy notes of Kenyan coffee followed by a fruit crescendo with an Amaretto finale.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1
Ingredients: Rooibos, Mango, Yogurt crisps, Sour cherries, Red thistle, Natural flavors.



Sweet and nutty highlights meld with rooibos. Notes of caramel create a dessert-like finish.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1
Ingredients: Rooibos, Caramel pieces, Natural flavors.



Exquisite Ethiopian mocha coffee highlights wind their way through lightly sweet chocolate caramel notes.

Origin: South Africa
Region: Cedarberg, Ethiopia-Harar
Grade: Choice Grade 1
Ingredients: Rooibos, Ethiopian coffee, Caramel and butterscotch pieces, Calendula petals, Natural flavors



Flavoury with a floral and fruity bouquet. Perfumy lavender notes. Inspired by the joie de vivre of France.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1

Did you know...

Shortbread cookies or muffins that include Jasmine, Earl Grey or Camomile tea have a delightful taste reminiscent of the tea used. What a wonderful way to make an impact and complement your tea service.

Health Tips...

Q. Help. I love going sockless in the summer but my feet get sweaty.

A. Try the black tea trick. Its tannic acids dry out pores, say estheticians. Steep 12 grams of tea in hot water, pour into a basin of tepid water, soak 10 minutes.

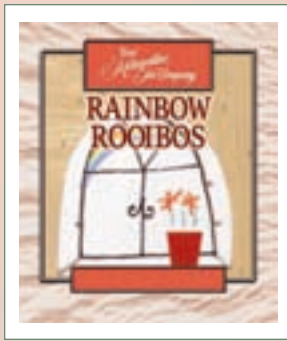


Did you know...

In the 1930's, a British owner took his youngest child to Darjeeling. Margaret loved the estate and hoped to return later in life. Sadly, she fell ill and died on the sea voyage home. The distraught father renamed Margaret's Hope in her honour.

Health Tips...

Researchers have found that black tea might give a quick boost to blood-flow to the heart. In a small study they found that blood flow in the coronary arteries improved 2 hours after black tea consumption. The same was not true of a caffeinated drink used for comparison.



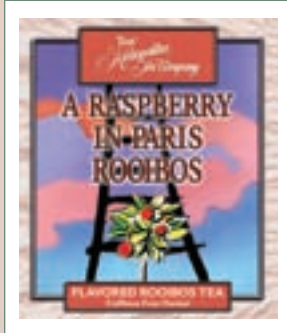
The flavour profile of this tea is a pot of gold. A terrific fruit medley with amaretto notes.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



The lemon invigorates the rooibos taste. Simply wonderful hot or iced and dressed with a slice of lemon.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1



Spritley notes of raspberry come to the fore with light overtones of rooibos. Perfect raspberry jam finish.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1
Ingredients: Rooibos, Raspberry pieces Natural flavors.



Sweet ripe pear notes marry well with premium rooibos. Memories of lazing in the Tuscan sun.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1
Ingredients: Rooibos, Pear and apple pieces Natural flavors.



The cup is fruity with sweet notes and is reddish orange in color. Enriched with nutrients such as iron, potassium, calcium and fluoride.

Origin: South Africa
Region: Cedarburg
Grade: Choice Grade #1



Exquisite sweet chocolate bakiness explodes at the first sip and tidbits of mint meander throughout. A full 'ahhh', finish!

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1
Ingredients: Rooibos, Caramel pieces, white chocolate, Cacao beans, Natural flavors



Citrus orange notes rhumba through lightly la curaracha hot rooibos. Cup has a sweet lightly Mexican hot finish. Simply refreshing.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1
Ingredients: Rooibos, Orange pieces, Red peppercorns, Chili pepper, Natural flavors.



What a tea! Premium Moroccan almonds give the German inspired marzipan a magnificent boost. Rooibos and marzipan were meant for each other.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1
Ingredients: Rooibos, Almond pieces, Papaya pieces Natural flavors.



Outstanding strawberry flavour. Memories of sweet succulent spring strawberries abound. Perfect harmony between rooibos and strawberry.

Origin: South Africa
Region: Cedarberg
Grade: Choice Grade 1

Flavoured Black Teas



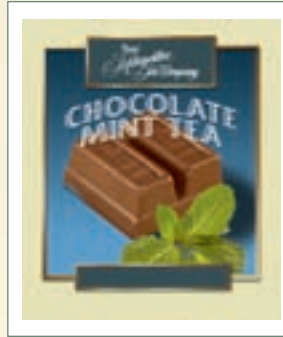
Superb tea with delicious astringency and Macintosh-like caramelized apple notes.

Origin: Sri Lanka
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe
Ingredients: Black tea, Apple pieces, Calendula petals, Daisy white, Elderblossom, Natural flavors



Delightfully fresh apple character with delicious cinnamon notes. Garnish with a cinnamon stick.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Fresh lively mint combined with full flavoured chocolate tea. Wonderfully reminiscent of an after-dinner mint. How decadent!

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Piquant and astringent chocolate flavour with lovely cherry and cream notes.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Chocolate Orange

Spanish orange highlighted with lascivious Belgian white chocolate notes. A finish that screams 'More'!



Deep black currant aroma and flavor. Just imagine a currant bush full of berries! Stunning as an iced tea.

Origin: Sri Lanka
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Cherry and almond combined in sweet harmony. A dash of sugar highlights the cherry notes and creates depth in the almond character.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Intoxicating blueberry aroma and spightly full flavor of the tiny wild blueberry. Excellent over ice or served hot with a pinch of sugar.

Origin: Sri Lanka
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe
Ingredients: Black tea, Cornflower petals, Natural flavors



Full bodied tea enhances South Indian masala spices. The finish has cardamom notes peeking out from lively ginger. Superb with milk and sugar.

Origin: India, Kenya
Ingredients: Black tea, Ginger, Cardamom, Cinnamon, Coriander, Clove, Black pepper

Did you know...

The shelf life of high quality loose tea is about 2 years – if it is kept in an airtight container. Never keep teas in a refrigerator since the condensed moisture can hasten the decline of tea flavour.

Health Tips...

As the temperature outdoors heats up and you're looking for a thirst quencher, consider making specialty iced tea which contains a healthy dose of flavonoids. Avoid the pre-sweetened sugar-laden ones that pack a caloric wallop and often contain very little high quality tea.



Did you know...

The delicately crooked little finger that is so often associated with tea drinking was a fashionable gesture in the 18th century for English ladies. Today in China it is sometimes used as a very rude gesture meaning 'Go Away' or words to that effect.

Health Tips...

In a study published by Nature Structural & Molecular Biology; researchers state that a powerful antioxidant in green tea known as EGCC binds to protein found on tumour cells and dramatically slows their growth.



Full flavoured and pungent with a saucy cranberry character. Enjoy it on ice!

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Creamy smooth character that evokes thoughts of the Emerald Isle. Lovely with shortbread cookies.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara, Eluya
Grade: Orange Pekoe



Full bodied tending astringent with a heady bouquet. Malty and a hint of 'jammy' tea flavour that is outstanding with milk. Very bright and coppery. A tremendous tea.

Origin: China
Region: Yunnan Province
Grade: Special Tippy Orange Pekoe



Wonderful flavor releases tropical memories of secluded beaches with palm trees bending to the sea.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Hint of mustiness with elemental notes. Aged 5 years deep in Yunnan's mountain caves. Chinese researchers have found that Pu-erh lowers cholesterol levels in the bloodstream.

Origin: China
Region: Yunnan Province
Grade: Pu-erh 5 year vintage



Penetrating depth with a full flavored cup exuding sensuous floral and saucy spice notes! A tea for memories!

Origin: India, Kenya
Ingredients: Black tea, Ginger, Cinnamon, Cardamom, Coriander, Clove, Black pepper, Rose petals, Lavender, Jasmine buds



Belduiling sweet pear notes with a hint of berry and caramel. To enhance the natural flavours, consumption with sugar is recommended.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



A winery and fruity tea with depth and complexity. Takes milk very well. Rewards the tea drinker with an exotic cup tending bright and reddish.

Origin: China
Region: Anhui Province
Grade: Panda 1



Superb body with mellow Indian spice notes. Adding milk displays the coppery bright base tea and a dash of sugar transports you to the sub-continent.

Origin: Sri Lanka
Ingredients: Black tea, Cinnamon, Cardamom, Clove, Curry leaves, Rampe, Lemon grass, Anseed, Cumin, Sweet Cumin, Coriander



A superior leaf Lapsang Souchong offering a crisp character with the remarkable and heady aroma of an oak fire. Certainly a unique tea.

Origin: China
Region: Fujian Province
Grade: Special Leaf Lapsang Souchong



An excellent spice tea tending cinnamon hot with delicious fruit tones. Fasten your seatbelt for a taste extravaganza!

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



One of our most flavourful teas. The dramatic combination of vanilla and greadine ensures a particularly satisfying cup.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Lively and flavourful lemon combined with delicious hints of cinnamon create a melody for your taste buds.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



A perfect tea to accompany the morning newspaper. The smooth citrus character carries intriguing hints of passion fruit.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



A leafy black tea infused with the flavor of lichee fruit producing a delightful naturally scented tea.

Origin: China
Region: Fujian Province
Grade: Flowery Orange Pekoe



The intense fruity character has a unique sweetness with hints of blackberry. Stunning on ice with a pinch of sugar.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Fresh piquant mango character with memories of happy days in the sun. A stunning iced tea - the delicious flavour virtually jumps out of the cup!

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



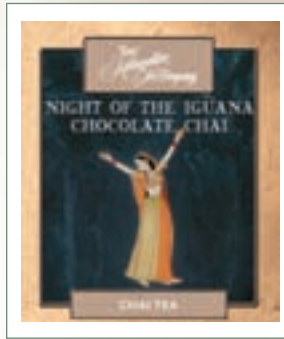
Enticing fruity notes tempered with a delicious cinnamon character. Savour for those special moments.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Maple sap was known as "sweet water" by early settlers. Sweet with piquant caramel notes, enjoy the wonderful essence of maple.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Seasonal Malabar Coast spices and sweet caramel notes come to the fore with a sesuous Belgian chocolate finish.

Origin: Sri Lanka, India
Ingredients: Black tea, Ginger, Cinnamon, Cardamom, Coriander, Clove, Black pepper, White chocolate, Calendula petals, Elderblossom, Natural flavors

Did you know...

The Chinese claim that it takes more than a lifetime to sample and discover all the tea from the country's tea gardens. (Editor's note: many of our clients have said the same thing about the teas in our catalog. "How are we ever going to try them all?")

Health Tips...

Problem Sunburn: Dr. Kunin advises that green tea is loaded with ECCG, an antioxidant that reduces inflammation and relieves pain. Brew green tea, chill it then apply the tea to your sunburn with a washcloth. PS – Sencha Kyoto Cherry Rose will make you smell the best.



Did you know...

Kenya is the world's 3rd largest producer of tea. Outside of Darjeeling it has the highest mean altitude of tea growing regions. Most estates are 5000 feet above sea level – some going as high as 7400 feet. Kenya is renowned for its fine flavour teas.

Health Tips...

Drinkers of green tea are less likely to develop high blood pressure than nondrinkers, a Taiwanese study said Monday. They added that the risk of hypertension, a condition that can lead to heart disease and stroke, declined the more green tea was regularly consumed.



Tending full bodied with Assam-like notes of malt and a lightly astringent finish.. In 2001, the estate was declared a private nature reserve.

Origin: Guatemala
Region: Los Andes Nature Reserve
Grade: Orange Fannings
Certifying Body: Mayacert
Ingredients: Premium orange black teas



Intoxicating aroma with the flavour of wild blueberries. A pinch of sugar makes a stunning tea, iced or hot!

Origin: Sri Lanka-Uva
Grade: Flowery Pekoe

Ingredients: Black tea, Hibiscus, Elderberries, Currants, Cornflower petals, Natural flavours.



Makes an absolutely tremendous iced tea! A flavoury and tasty combination of mellow peaches with deep full flavoured apricots.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Wow! very refreshing. Pomegranate gives a lovely astringency and Vitamin C laden Rosehip rounds the edges.

Origin: Sri Lanka
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Notes of cinnamon and pumpkin abound. Cup is like the 'nip' in the air during Northern autumns.

Origin: India, Kenya, Sri Lanka
Grade: Orange Pekoe
Ingredients: Black tea, Almond, Hibiscus, Rosehip, Rooibos, Vanilla, Cinnamon, Apple, Calendula, Elderblossom, Natural flavors



True honey taste gives the raspberry a lovely sweet character. Lovely in the afternoon sitting on the deck.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Creamy Madagascar vanilla notes dance with tingling Malabar Coast spices. A lively ginger finish is accentuated by candy cardamom.

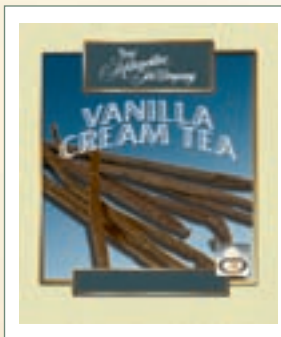
Origin: India, Sri Lanka

Ingredients: Black Tea, Ginger, Cardamom, Cinnamon, Coriander, Clove, Black Pepper, Calendula Petals.



Smooth with velvet depth cloaked in mystery. A late night tea with or without company.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



A delicious synergy between excellent high grown tea, rich fresh vanilla and a lovely cream character. Enjoy a cup of decadence.

Origin: Sri Lanka (Ceylon)
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



Excellent fullness with subtle China sweetness. Only produced during March and April when the mountain air is moist and cool.

Origin: China
Region: Yunnan Province
Grade: Flowery Tippy Orange Pekoe

Green Teas



The all natural bergamot oil with excellent Ceylon green tea gives a lively and sprightly Earl Grey.

Origin: Sri Lanka
Region: Uva - Welimada
Grade: Pekoe Gunpowder



Lively lime flavour explodes from your cup. The freeze dried lime crisps and lemon peel further the synergy creating an 'I want another cup' finish.

Origin: China
Region: Hunan Province
Grade: Sencha



A green tea with strength and captivating green tea taste. The tight curl gives gunpowder a long shelf life and it is prized for this attribute.

Origin: Taiwan
Region: Tungting Province
Grade: Gunpowder



Very aromatic. The blueberry flavour literally fills the cup.

Origin: Sri Lanka
Region: Uva - Welimada
Grade: Pekoe Gunpowder



Light golden yellow liquor with a unique toasty rice flavour tending sweet. A tea that creates conversation.

Origin: Japan
Region: Shizuoka Prefecture
Grade: Genmaicha



Like being carried on a trade winds, notes of mango create an exotic fruit pungency. Pineapple cubes and mallow petals accent a clean finish.

Origin: China
Region: Hunan Province
Grade: Sencha



Good body with strong Indian spice and curry notes. A bright green tea especially enticing with milk.

Origin: Sri Lanka
Region: Dimbula
Grade: Pekoe Gunpowder



Memories of the Copacabana Beach in Rio. Papaya pieces, sunflower petals and criminally exotic passion fruit notes infused superior green tea.

Origin: China
Region: Hunan Province
Grade: Sencha



Highlighted by sunflower petals, sweet orange flavour is symphonically intertwined with tangerine and mandarin notes. Refreshing citrus finish.

Origin: China
Region: Hunan Province
Grade: Sencha

Did you know...

The first English Tea shops for the masses were opened in the late 1600's. They were elegant relaxing places where ladies could socialize with their friends and lovers. Soon "taking afternoon tea" was an important part of English culture.

Health Tips...

Green Tea may curb prostate cancer in men at risk. (Reuters Apr. 19, 2005)
"Compounds found in green tea may prevent the development of prostate cancer in men with a precancerous condition called high-grade intraepithelial neoplasia (PIN)" said Dr. Saverio Bettuzzi from the Univ. of Parma in Italy.



Did you know...

Early in the 18th century, Russians began drinking tea from glasses instead of cups. Because of the difficulty of holding a glass of hot tea, cuplike metal tea glass holders were developed.

Health Tips...

Pace University – New studies conducted have indicated that White Tea Extract may have prophylactic applications in retarding the growth of bacteria that cause Staphylococcus, Streptococcus infections, pneumonia and dental caries.



Full bodied with the 'umpf' of black tea but the gentleness of green tea. Enticing toasty hints of flavor. Massively Irish!

Origin: Kenya, China, Japan
Region: Nandi, Zhejiang, Shizuoka
Grade: Broken Pekoe



Flavory summer sweet strawberry and papaya pieces round out the exceptional smooth green tea. Memories of strawberry picking in Sag Harbor.

Origin: China
Region: Hunan Province
Grade: Sencha



The Japanese consider matcha a nourishing tea since it is high in Vitamin C. It has a mild taste and, when prepared, is the color of jade.

Origin: Japan
Region: Shizuoka Prefecture
Grade: Matcha



This tea has an incomparable jasmine character with a full flavoured cup and a delightful aromatic nose. Simply the best there is!

Origin: China
Region: Fujian Province
Grade: Artisan Handcrafted Tea
Ingredients: Premium green tea, Jasmine petals



Tending light liquoring and smooth with reasonable depth and body. Often used in tea ceremonies.

Origin: Japan
Region: Shizuoka Prefecture
Grade: Sencha



The incredible taste of maple coupled with a high grown Ceylon green tea. Superb after dinner.

Origin: Sri Lanka
Region: Uva - Welimada
Grade: Pekoe Gunpowder



Smooth with delicate tea flavour and heavenly Jasmine notes. 7 tears in a cup reward the connoisseur with a lifetime tea memory. Can be used 3 times consecutively.

Origin: China
Region: Fujian Province
Grade: Hand-rolled Tea Pearls



Refreshing cool mint flavour in a green tea. A delicious and heady combination.

Origin: Sri Lanka
Region: Uva - Welimada
Grade: Pekoe Gunpowder



A green tea with surprising body and a captivating floral character accentuated by specially selected May Jasmine blossoms.

Origin: China
Region: Fujian Province
Grade: Jasmine Grade #1



Lush peach notes with sweet overtones. Superb quality green tea dotted with jasmine petals comes alive with one of the world's most favourite flavours.

Origin: China
Region: Hunan Province
Grade: Sencha



Delicious green tea character with delightful fruity-like early season flavour. Cup is bright emerald green.

Origin: China
Region: Jiangxi Province
Grade: Peacock #1



All the delicious flavour of fresh strawberries combined with the goodness of green tea.

Origin: Sri Lanka
Region: Uva - Welimada
Grade: Pekoe Gunpowder



An excellent tea that is tending sweet with full body. Top quality Gyokuro tea base creates a stunning example of a premium matcha.

Origin: Japan
Region: Shizuoka Prefecture
Grade: Extra Fine Matcha
Ingredients: Premium Gyokuro green tea



Superb taste with sweet, almost honey-like notes. Deliciously vegetative with expansive flavor.

Origin: China
Region: Zhejiang Province
Grade: Handmade Needle Tea



Good green tea flavour, with longish sencha leaf style. All the goodness of green tea without the caffeine.

Origin: China
Region: Hunan
Grade: Sencha



The new leaf is hand sorted and formed giving it a unique appearance. Velvety smooth with a delicate but intense full green tea flavor.

Origin: China
Region: Fujian Province
Grade: Special Monkey Paw



Simply stunning. A blend of high quality green tea with sweet cherry and morning rose flavour. A tea to remember.

Origin: China
Region: Hunan Province
Grade: Sencha

Artisan Teas



Lightiquoring and delicate flavor with muscate notes. Hints of pungency note its 2nd flush production time. A pleasurable green tea.

Origin: India
Region: Darjeeling
Grade: TGFOP 1



Slightly dry character with light floral notes. Hints of sweet caramel sugar are sprinkled on the finish.

Origin: China
Region: Fujian Province
Grade: Handrafted
Ingredients: Premium green tea, Amaranth blossom

Did you know...

In Hindi, 'masala' means a blend of spices and 'chai' means tea with milk. Indians use the word 'chai' to refer to tea with milk. Masala chai has been consumed in India since the 1800's.

Health Tips...

A study at the Univ. of Oregon indicated that consumption of moderate amounts of green or white tea might provide a protection against colon tumours about as well as a prescription drug, sulindac, that has been shown effective for that purpose.



Did you know...

In the 1600's tea was regularly smuggled into Britain to avoid heavy taxation. The complex network of smuggling often began in Holland and France. By the late 1700's the smuggling (tea) trade was thought to be as large as the legal trade.

Health Tips...

Jan. 5, 2005 – the BBC reported: The popular herbal tea chamomile may help relieve a wide range of health ailments, including colds and menstrual cramps. Elaine Holmes, a chemist at Imperial College London says more research is needed to confirm a firm link.



Smooth and satisfying green tea notes. The peach character of osmanthus comes to the fore with hints of jasmine and lily.

Origin: China
Region: Yunnan Province
Grade: Handcrafted
Ingredients: Premium green tea, Lily + Jasmine + Osmanthus blossoms



Pale green liquor with a smooth but delicate Jasmine flavour. Watch as the hand-tied tea ball transforms into a flower-like blossom.

Origin: China
Region: Fujian Province
Grade: Handcrafted
Ingredients: Premium green tea, Jasmine scent



Soft rose notes grace the cup. A perfect complement to early spring green tea.

Origin: China
Region: Fujian Province
Grade: Handcrafted
Ingredients: Premium green tea, Amaranth + Marigold blossoms



Exceptional combination of hibiscus and premium green tea. Refreshing and cleansing reminiscent of light lemon.

Origin: China
Region: Yunnan Province
Grade: Handcrafted
Ingredients: Premium green tea, Amaranth + Hibiscus + Lavender blossoms



Flavoury with medium body. Delicate Earl Grey & Jasmine notes. Bright with a touch of golden coppery colour. Perfect for afternoon settings.

Origin: Sri Lanka, India, Kenya, China
Region: Dimbula, Assam, Kiambu, Fujian
Grade: Flowery Broken Orange Pekoe



An unbelievable aroma that portends an unbelievable taste. We have been told repeatedly "this is the best Earl Grey I have ever tasted!"

Origin: Sri Lanka
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe
Ingredients: Premium black tea, Cornflower petals, Natural flavours



A must for the avid Earl Grey tea drinker! Our flavoury Earl Grey mellowed with a delicious creamy taste. An excellent all day tea with a superb finish.

Origin: Sri Lanka
Region: Dimbula, Uva, Nuwara Eliya
Grade: Orange Pekoe



A full flavoured decaf cup tending bright with excellent Earl Grey notes from natural oil of bergamot.

Origin: Sri Lanka, India, Region: Dimbula, Assam
Grade: Flowery Pekoe



A perfect breakfast tea with good body and full tea flavour notes. Coppery bright - especially enticing with milk.

Origin: Sri Lanka, India, China
Region: Dimbula, Assam
Grade: Flowery Pekoe

English Favorites Teas

Did you know...

The term 'Orange Pekoe' refers to the size of leaf and not to the flavour of the tea. The size of the black leaf affects the speed of infusion with large leaf types steeping more slowly.



A full bodied decaf tea with some fruity notes. Cup tends bright, consistent with high quality tea.

Origin: Sri Lanka, India
Region: Dimbula, Assam
Grade: Flowery Pekoe



A bracing tea from the world's top tea gardens. A round cup. Good flavour tempered with malty and floral notes.

Origin: Sri Lanka, Kenya, India
Region: Dimbula, Kiambu, Assam
Grade: Flowery Broken Orange Pekoe



A stout robust blend of February Kenya BP1 and 2nd flush Assam. Superb colour and very full bodied. Excellent in the early morning or afternoon.

Origin: India, Kenya
Region: Assam, Kiambu
Grade: Broken Orange Pekoe (CTC)



All natural Thai Lemon grass and Spanish orange infuse premium Earl Grey with sultry citrus notes. A tea that could grace the courts of St. Petersburg!

Origin: Sri Lanka, China, Thailand, Spain
Region: Dimbula, Anhui, Chiang Mai, Majorca
Grade: Orange Pekoe



Round cup with good flowery and malty flavour. Hints of strawberry and lemon make this a perfect afternoon tea.

Origin: Sri Lanka, India
Region: Dimbula, Assam
Grade: Flowery Broken Orange Pekoe



Malty, full-bodied character with bright flavoury notes and hints of cask oakiness. A bracing Highlander's cup of tea.

Origin: India, Kenya, China
Region: Assam, Kiambu, Anhui
Grade: Flowery Broken Orange Pekoe



Natural bergamot infuses the air with heady aroma. The Prime Minister of England (1830-1834) would be proud – his signature tea has been revived.

Origin: Sri Lanka - Uva
Grade: Flowery Pekoe
Ingredients: Black tea, Cornflower petals, Natural flavours



Full malty and flavoury character. Tempered with hints of Earl Grey for the classic London morning 'cuppa'.

Origin: Sri Lanka, India
Region: Dimbula, Assam, Anhui
Grade: Flowery Broken Orange Pekoe



A regal blend best served in the afternoon with scones. Full bodied with delicious hints of black currant.

Origin: Sri Lanka, Taiwan, India
Region: Dimbula, Tungting, Assam
Grade: Orange Pekoe Gunpowder



A tea commemorating Nelson's victory. Full of flavour, deep coppery brightness and excellent maltiness with delicate hints of oakiness.

Origin: Sri Lanka, Kenya, India, China
Region: Dimbula, Kiambu, Assam, Anhui
Grade: Flowery Broken Orange Pekoe

Did you know...

It was not until the 19th century that an unknown inventor developed a teapot lid with a little protrusion on its lip. This kept the lid from falling off while being tipped to pour out the last drops of tea.

Health Tips...

George Friedli in his thesis at the University of Surrey, has written: 'Peppermint is frequently used to relieve stomach and bowel spasms and promote the expulsion of flatus. It is a good tea to drink either during meals or after meals to aid digestion.'



Did you know...

When fresh leaves of the tea plant are processed the level of contact with oxygen determines the type. Green tea is not oxidized at all – the leaves are steamed, rolled or formed and then dried.

Health Tips...

The Tea Council of Canada reports that decaffeinated teas provide comparable antioxidant levels to non-decaffeinated black or green tea.



French #1 super blue lavender transports a floral harvest in Provence to a simply intoxicating Earl Grey, creating a delightful synergy of two cultures.

Origin: Sri Lanka, France
Region: Dimbula, Provence
Grade: Orange Pekoe



Few teas have such rich fullness and flavor. A lightly astringent cup becomes golden bright with milk. Befits a Yorkshireman!

Origin: China, Kenya, India
Region: Yunnan, Kiambu, Nilgiri, Assam
Grade: Broken Orange Pekoe
Ingredients: Premium black tea



Smooth with Madagascar vanilla notes and a touch of pomegranate pungency. Sweet pecan-like finish.

Origin: China
Region: Fujian Province
Grade: Pai Mu Tan
Ingredients: Premium white tea, Natural flavors



A white tea offering jammy flavour with sweet notes and a delicious lingering finish. Good body with a satisfying cup.

Origin: China
Region: Fujian Province
Grade: Pai Mu Tan



This delicate white tea has a clean taste faintly reminiscent of fresh apples. Refreshing with a lovely, lingering flavour.

Origin: China
Region: Chongqing Province
Grade: Bashan Silver Tip

White Teas



Specially hand selected, this leaf is long, mottled and covered with peach fuzz. Light liquoring with a delicate cup and peach-like overtones.

Origin: Sri Lanka
Region: Nuwara Eliya
Grade: Silver Tip



Memories of wild New England blueberries fill the cup. The premium white tea accentuates a healthy fruit finish.

Origin: China
Region: Fujian Province
Grade: Pai Mu Tan
Ingredients: Premium white tea, Natural flavors

Estate Teas



Malty with jammy-like flavor best describes this premium tea. The tea is vacuum-packed at the estate capturing the pungent 2nd flush flavor at its peak.

Origin: India
Region: Assam-Mangaldai
Grade: Flowery Broken Orange Pekoe



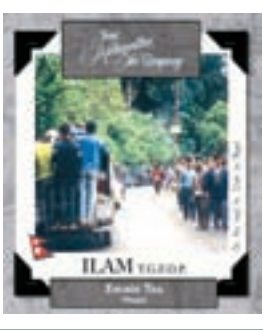
Exhibits the classic South Indian tea taste - floral-like flavour with a satisfying cup. A medium strength tea.

Origin: India
Region: Nilgiri
Grade: Orange Pekoe



Good body with a classic muscatel character. This quality is only available during June when the 2nd flush growing season is at its peak.

Origin: India
Region: Darjeeling
Grade: Tippy GoldenFlowery Orange Pekoe 1



This tea has lovely hints of muscatel and good strength, similar to an excellent Darjeeling. A slightly pale cup which is normal for a fine tea.

Origin: Nepal
Region: Ilam
Grade: Tippy Golden Flowery Orange Pekoe



A tippy tea (containing tips of the leaf) that is full bodied with a round smoothness. A wonderful all-day tea.

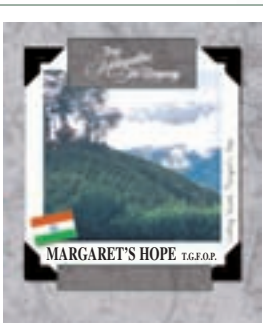
Origin: India
Region: Assam - Thakurbari
Grade: Flowery Broken Orange Pekoe



The liquor is bright with excellent flowery flavor and a cup that tends somewhat light. A good after-dinner tea.

Origin: Sri Lanka
Region: Nuwara Eliya
Grade: Orange Pekoe

Specialty Teas



From one of Darjeeling's best known estates this tea has a lovely muscatel flavour with a delicious astringency.

Origin: India
Region: Darjeeling
Grade: Tippy Golden Flowery Orange Pekoe



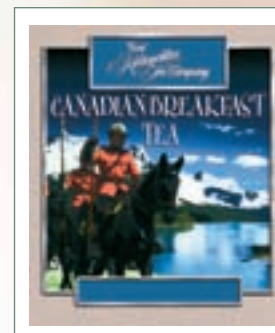
A heavenly tea with maple sweetness, blackberry pungency, full flavoured Assam and a mystery green tea.

Origin: Sri Lanka, India, China
Region: Dimbula, Assam, Zhejiang
Grade: Flowery Broken Orange Pekoe



Very well graded tea evident from the tippy appearance. Haunting malty notes with deep Bordeaux-like flavour. A perfect after-dinner tea.

Origin: Kenya
Region: Kericho
Grade: Golden Flowery Broken Orange Pekoe



A superb fresh morning tea. Malty notes from the Assam, flower-like hints from the Kenya with delicate wisps of oakiness from the Yunnan.

Origin: India, Kenya, China
Region: Assam, Kiambu, Yunnan
Grade: Flowery Pekoe

Did you know...

White tea is the rarest tea available. These delicate teas are new buds plucked before they open & are withered to allow the natural moisture to evaporate, then gently dried. The flavor is subtle & must be carefully appreciated.

Health Tips...

Black tea is the most processed of the aforementioned teas & taste the least like the natural leaf.

- Heart health
- Helps prevent plaque build-up in arteries
- Increase bone density
- Oral Health
- Fights bad breath



Did you know...

It is best to boil fresh tap or bottled water (not distilled water) and avoid reusing water that has already been heated or boiled.

Health Tips...

Tea's active ingredients are caffeine in combination with the tannin that gives it its pungency and much of its aroma and flavour. Tea, unlike coffee, does not cause nervousness, insomnia, or stomach irritation when drunk in quantity.



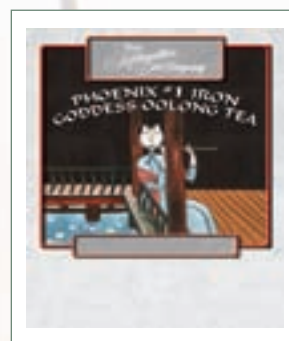
A delicate cup with lively sprightly toasty notes. A hint of Lapsang Souchong relives the heady days and mystery of the Royal Court of St. Petersburg.

Origin: Sri Lanka, India, China
Region: Dimbula, Assam, Fujian
Grade: Orange Pekoe



Malty and flavoury with some strength. Cool accent of peppermint. Coppery color with good brightness, tending greenish.

Origin: Sri Lanka, India, USA
Region: Dimbula, Assam, Washington
Grade: Flowery Broken Orange Pekoe



A light 'airy' character with delicate orchid-like notes. A top grade oolong with a pale green yellowish cup.

Origin: China
Region: Fujian Province
Grade: Ti Kuan Yin Phoenix #1



A most unique character best described as 'premium oolong with sweet milk and light orchid notes peeking out from camellia depths'.

Origin: China
Region: Wuyi Mountains
Grade: Milk Oolong
Ingredients: Premium oolong tea



Smooth cup with exotic flavour notes. Light liquoring and tending yellowish in the cup. A book lover's tea.

Origin: China
Region: Fujian Province
Grade: Se Chung Oolong

Oolong Teas



Smooth and slightly sweet; toasty with a touch of dryness. Enjoyed best with company.

Origin: Taiwan
Region: Tungting
Grade: Special Oolong



Wuyi Rock Oolong

Hand plucked wild tea from a UNESCO world heritage site. Raw flavour notes belie a classic toasty oolong. Great finish.

Origin: China
Region: Fujian Province
Grade: Ti Kuan Yin



Floral-like orchid notes with a smooth and haunting finish. This is an excellent vintage Ti Kuan Yin which has no calories when consumed without milk or sugar.

Origin: China
Region: Fujian Province
Grade: Ti Kuan Yin
Ingredients: Premium oolong tea

Herb & Fruit Teas



A predominant orange character with the lovely sweetness of pineapple (which provides flavour depth). The aroma is simply fantastic!

Ingredients: Dried apple pieces, Hibiscus petals, Rosehip pieces, Sweet orange peel, Natural flavors.



Mate is rich in caffeine and was used as a caffeine beverage in Latin America before the advent of coffee. The cup has a greenish and vegetative character.

Origin: Brasil
Region: Parana
Grade: Green, Unroasted



A full flavoured tea with deep berry notes. The infused cup is burgundy red and provides strength and character. A terrific tasting herbal tea.

Ingredients: Dried currants, Raisins, Hibiscus petals, Rosehip pieces, Natural flavors.



A terrific tasting tea for kids. A candy-like caramel flavour gives natural sweetness with berries for depth and flavour. Rich in Vitamin C.

Ingredients: Dried apple pieces, Hibiscus petals, Rosehip pieces, Sweet orange peel, Calendula, Cornflower and Rose petals, Raisins, Dried currants, Natural flavours.



A hint of caramel gives this herbal fruit tea a sweet, almost candy-like flavour. Added mystery in the blend fills the cup with intrigue.

Ingredients: Dried apple pieces, Hibiscus petals, Rosehip pieces, Sweet orange peel, Cornflower petals, Natural flavors.



A boldly refined taste that is bright with strawberry and blackberry highlights. A taste sensation rich in Vitamin C.

Ingredients: Hibiscus petals, Rosehip pieces, Sweet orange peel, Lemon peel, Dried apple, Raspberries, Blackberries, Strawberry pieces, Pineapple pieces, Natural flavours.



Very aromatic with a fruity tending floral flavour. Camomile is often sipped for relief of ailments ranging from toothache to insomnia.

Origin: Egypt
Region: Nile Delta
Grade: Flowers Grade #1



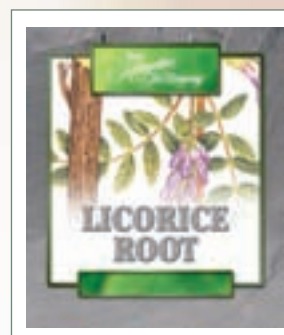
The taste is mild with a distinctive floral perfume and a slight pungency. Herbalists often use lavender in various treatments.

Origin: France
Region: Provence
Grade: Grade A



Excellent clean ginger notes with a refreshing ginger hot finish. Clean lingering character. Many claim ginger eases cold symptoms.

Origin: Nigeria
Region: Niger River Delta
Grade: Dried Ginger Root Coarse Cut



Sweet character with light medicinal notes and anise-like finish. Excellent with peppermint or camomile.

Origin: Turkey
Region: Izmir
Grade: Grade A

Did you know...

For consistent results, always use one heaping teaspoon of tea per 8 ounce cup of water. To make amazing iced tea, brew double strength, then pour over ice. Any tea will work so try a variety. Green, oolong, black or flavored teas....try them all.

Health Tips...

Do not buy tea in tremendous amounts. Keep your stockpile small enough to be able to store properly. Store dry tea leaves in an airtight container. The smallest container that will hold your tea (less air space to draw out tea's natural essential oils and any other added flavours).



Did you know...

True tea - *Camellia sinensis*, has a shelf life of 1-2 years. Tea, if kept properly will not spoil but it does go gradually stale. Tea that has had flavours, fruit, herbs and spices added may not last as long as this. Most likely 6 months to 1 year.

Health Tips...

Red Bush Tea (Rooibos) is from the leaves of the *Aspalathus linearis* plant from South Africa. It contains no colorants, additives or preservatives and is naturally caffeine-free.



Full bodied with almond and hints of cinnamon nestled between hibiscus and rosehip. Change the meaning of afternoon tea!

Ingredients: Dried apple, Rosehip pieces, Almond pieces, Thistle flowers, Natural flavors



Like a walk through an orange grove in blossom time. Creamy orange highlights with a smooth cup. Makes a lovely iced tea.

Ingredients: Dried apple, Rosehip pieces, Hibiscus petals, Dried orange pieces, Sunflower petals, Thistle petals, Natural flavors



A full flavoured tea with deep berry notes. The cup is burgundy red with strength and body. Enjoyed hot or iced, a dash of sugar highlights the flavour.

Ingredients: Dried currants, Raisins, Hibiscus petals, Elderberries, Rosehip pieces, Natural flavours.



An amazingly pungent 2nd cut (the best cut) peppermint. Many purported health benefits linked to the Mint family. You will never forget the flavour!

Origin: United States
Region: State of Washington
Grade: Cut and Sift Grade 1



Delicate light rose taste. Dress up your own special tea or steep it on its own. Perfect for an afternoon with friends.

Origin: China
Region: Anhui Province
Grade: Wild Grown First Flower Buds



Piquant with a mouth-tingling fresh and lively character. Many purported health benefits linked to the Mint family.

Origin: United States
Region: State of Washington
Grade: Cut and Sift Grade 1



Alllll Aboooooaarrddd! Spicy cinnamon and sweet nutty almond give this herb and fruit tea a mysterious depth and flavour unlike any other tea.

Ingredients: Dried apple pieces, Almond pieces, Hibiscus petals, Rosehip pieces, Sweet orange peel, Calendula petals, Natural flavours.



Bold, bright and peachy; slightly tart with natural sweetness. Freeze it to make healthy, tasty popsicles for children!

Ingredients: Dried apple pieces, Hibiscus petals, Rosehip pieces, Sweet orange peel, Natural flavours.



Very pungent with a cool fresh taste. Many claim it calms the digestive system and helps relieve heartburn, stomach ache and nausea.

Origin: United States
Region: State of Washington
Grade: 2nd Cut (best cut), Grade #1



These leaves carry a neutral flavour tending towards a grassy character. Often used as decoration in various tea blends.

Origin: Poland
Region: Lublin
Grade: Grade 1

Did you know...

HERBAL TEA (Infusions) is naturally caffeine-free because their ingredients do not contain caffeine. Herbals are comprised of only herbs, spices & flavourings.



The cup has light floral notes with a pleasant lingering finish. Enjoy the light pink infusion with delicate rosy notes.

Origin: Italy
Region: Tuscany
Grade: Buds and Petals



A pungent cool fresh taste that literally takes your breath away. Spearmint has been used to relieve headaches and tension.

Origin: United States
Region: State of Washington
Grade: 2nd cut (best cut), Grade #1



Mild and fruity with slightly pungent sweet pear notes. Rosehips contain iron, calcium plus vitamins A, D, and E.

Origin: Germany
Region: Black Forest Region
Grade: First Grade



A wonderfully fruity combination; full bodied with excellent flavor. Makes tasty popsicle treats for children while adults enjoy it with good company.

Ingredients: Dried apple pieces, Hibiscus petals, Rosehip pieces, Sweet orange peel, Natural flavors

Terms Describing Infused Leaf

Aroma: Smell or scent denoting “inherent character”, usually at high elevations.

Biscuity: A pleasant aroma often found in a well fired Assam.

Bright: A lively bright appearance. Usually indicates bright liquors.

Coppery: Bright leaf which indicates a well manufactured tea.

Dull: Lacks brightness and usually denotes a poor tea. Can be due to faulty manufacture and firing, or a high moisture content.

Dark: A dark or dull colour which usually indicates poorer leaf.

Green: Caused by under-fermentation, or characteristic of leaf from immature bushes (liquors often raw or light). Can also be caused by poor rolling with Orthodox teas.

Mixed or Uneven: Leaf of varying colour.

Tarry: A smokey aroma.

Terms Describing Dry Leaf

Black: A black appearance is desirable, preferably with “bloom”. This term is used with Orthodox or Rotorvane manufacture.

Blackish: This is a satisfactory appearance for CTC and LTP manufacture teas and denotes careful sorting.

Bloom: A sign of good manufacture and sorting (where the reduction of leaf has mainly taken place before firing). A “sheen” which has not been removed by over-handling or over-sorting.

Bold: Particles of leaf which are too large for the particular grade.

Brown: A brown appearance, with CTC and LTP manufacture, normally reflects too hard treatment of the leaf.

Chesty: Inferior or unseasoned packing materials cause this taint.

Choppy: Orthodox (or Rotorvane) manufacture leaf which has to be cut by a “breaker” during sorting.

Chunky: A very large Broken from Orthodox manufacture.

Clean: Leaf which is free from fibre, dust and any extraneous matter.

Crepy: A crimped appearance common with the larger grade broken from Orthodox manufacture, such as BOP.

Curly: The leaf appearance of whole leaf grade Orthodox teas such as OP as opposed to wiry.

Even: True to the grade and consisting of pieces of leaf of quite even size.

Flakey: Flat, open and often light in texture.

Grey: Caused by too much abrasion during sorting.

Grainy: Describes well made CTC or LTP primary grades more particularly Pekoe Dust and Dust 1 grades.

Leafy: Orthodox manufacture leaf tending to be on the large or long side.

Light: A tea light in weight and of poor density. Sometimes flakey.

Make: Well made (or not) and must be true to the grade.

Mushy: A tea which has been packed or stored with a high moisture content.

Did you know...

All tea comes from the same species of plant – *Camellia Sinensis*. The immense variety of teas is due to differences in growing conditions, the kind of leaves harvested and the processing techniques.

Health Tips...

Organic teas are becoming the healthy choice for some consumers. To be recognized as ‘organic’, it takes three years of organic husbandry before the European association will consider the estate for certification. Yields drop under organic conditions, but the estate is compensated for this by higher prices.



Did you know...

Kenya did not become a large-scale tea producer until the 1920's when experts from India inspected the soil and climate. Today, more than one million Kenyan citizens derive an income from it's tea industry.

Health Tips...

Bath time? Take 5 herbal tea bags and infuse in boiling water for 4 minutes then add to a warm bath. Herbalists claim that peppermint in your bath makes your skin tingle and camomile is relaxing and soothing.



Musty: A tea affected by mildew.

Neat: A grade having good "make" and size.

Nose: Smell of the dry leaf.

Powdery: Fine light dust..

Ragged: An uneven badly manufactured and graded tea

Stalk & Fibre: Should be minimal in primary or top grades, but generally unavoidable in the lower grades.

Tip: A sign of fine plucking and apparent in the top grades of Orthodox manufacture.

Uneven & Mixed: "Uneven" pieces of leaf usually indicative of poor sorting and not true to the particular grade.

Well Twisted: Applicable to Orthodox manufacture. Often referred to as "well made" or "rolled" and used for describing whole leaf grades.

Wiry: Leaf appearance of a well twisted, thin leaf Orthodox tea.

Terms Describing Liquors

Baggy: A taint normally resulting from unlined hessian bags.

Body: A liquor having both fullness and strength, as opposed to being thin.

Bakey: An over-fired tea in which too much moisture has been driven off.

Bright: Denotes a lively fresh tea with good keeping quality.

Brisk: The most "live" characteristic. Results from good manufacture.

Burnt: Extreme over-firing.

Character: An attractive taste when describing better high elevation growth, and peculiar to origin.

Coloury: Indicates useful depth of colour and strength.

Course: Fibre content.

Common: A very plain tea, light and thin liquor with no distinct flavour.

Cream: A precipitate obtained after cooling.

Dry: Indicates slight over-firing.

Dull: Not clear, and lacking any brightness or briskness.

Earthy: Normally caused by damp storage. A taste which can at times be "climatically inherent" in leaf from certain origins.

Flat: Unfresh, (usually due to age).

Flavour: A most desirable extension of "character" caused by slow growth at high elevations and comparatively rare.

Full: A good combination of strength and colour.

Fruity: Can be due to over-fermentation and / or bacterial infection before firing. An over-ripe taste.

Gone Off: A flat or old tea. Often denotes a high moisture content.

Green: An immature "raw" character. Often due to under fermentation (and sometimes under-wither).

Hard: A very pungent liquor.

Harsh: A taste generally related to under-withered leaf, and very rough.

Heavy: A thick, strong and coloury liquor with limited briskness.

High-Fired: Over-fired but not bakey or burnt.

Light: Lacking strength and any depth of colour.

Mature: Not bitter or flat.

Metallic: A sharp coppery flavour.

Muddy: A dull opaque liquor.

Point: A bright, acidy and penetrating characteristic.

Plain: A liquor which is "clean" but lacking in the desirable characteristics.

Pungent: Astringent with a good combination of briskness, brightness and strength. (More related to best quality Assam and Ceylon teas).

Quality: Refers to "cup quality" and denotes a combination of the most desirable liquoring properties.

Rasping: A very coarse and harsh liquor.

Raw: A bitter unpleasant liquor.

Smokey: Mainly caused by leaks around the dryer heating tubes.

Soft: The opposite of briskness and lacking any "live" characteristic caused by inefficient fermentation and/or firing.

Strength: Substance in cup.

Stewed: A soft liquor with an undesirable taste caused by faulty firing at low temperatures and often insufficient air flow. Lacks point.

Taints: Characteristics or tastes which are "foreign" to tea. Such as petrol, garlic, etc. Often due to being stored next to foreign commodities with strong characteristics of their own.

Thin: An insipid light liquor which lacks any desirable characteristics.

Weedy: A grass or hay taste related to under-withering. Sometimes referred to as woody.

* Tea terms courtesy of British East Indies Tea Company (internal training manual) circa 1888.

Black teas

Black teas are produced by withering, cutting, rolling, fermenting and drying the tea leaves. The infusion can be light or dark in appearance, varying in colour from orange to brown and will usually have an astringent taste. Black tea accounts for about 95% of the world market, and is the main tea consumed in the UK.

Green teas

Green teas are teas that have been picked and rolled before firing. This stops the veins on the leaves breaking, preventing the fermentation process, so that the leaf does not turn brown. The brewed tea is pale yellow or green in colour, with a slightly bitter taste. It is drunk without milk and can be sweetened with honey. Green tea is drunk mainly in China and Japan, and is considered a specialty tea in other parts of the world. It is growing in popularity in the UK.

Oolong tea

Oolong teas are semi-green teas, produced by stopping the fermentation process just as the leaves start to turn brown. The leaves are then fired or dried and deliver a yellowish infusion with a slight, non-astringent peach flavour.

Chai tea

The term 'chai' doesn't refer to an actual kind of tea or a specific drink, but a style of preparing it. Chai tea is usually served with milk or cream, and is heavily spiced. Common spices in chai are cardamom, cloves, cinnamon, ginger, pepper, and allspice. Chai has come to North America from India, and has gained much popularity at coffeehouses and tea shops everywhere.

Rooibos teas

Rooibos, an African slang word of Dutch origin meaning "Red Bush". Rooibos tea has a sweet and nutty taste, and contains no colours, additives, preservatives, or caffeine. Most of the tea is picked manually. The tea is then bruised and cut. At this stage Rooibos is still green. Fermentation is essential in order to enhance the flavour of the tea. Rooibos is fermented in mounds and then spread out to dry in the sunlight. Fermentation turns the tea red. Rooibos's nickname red bush does not apply to a live plant since it is green until after it is fermented. In the final process Rooibos is sterilized by steam, dried in commercial dryers, sifted and packaged.

White teas

Just like Black, Green and Oolong teas, White tea comes from the *Camellia Sinensis* plant. But the leaves are picked and harvested before the leaves open fully, when the buds are still covered by fine white hair. Hence the name. White tea is scarcer than the other traditional teas, and quite a bit more expensive. White tea is similar to green tea, in that it's undergone very little processing and no fermentation. But there is a noticeable difference in taste. Most green teas have a distinctive 'grassy' taste to them, but white tea does not. The flavour is described as light, and sweet. You should steep white tea in water that is below the boiling point. There is considerably less caffeine in white tea than the other varieties. Some studies have also shown that white tea contains more active cancer-fighting antioxidants than green tea.

Did you know...

Japan has been growing its own tea since at least the 8th century when Zen Buddhist priests grew the plants in their temple gardens with seeds obtained from fellow Buddhists in China.

Health Tips...

Spearmint and Peppermint are known for their digestive properties. As an infusion they may stimulate the stomach and be an intestinal antiseptic. In olden days some doctors claimed mint was an aphrodisiac.



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